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Hong Kong is one of the last places in the world where bamboo is still widely used for scaffolding in construction. It's flexible, strong and cheaper than steel and aluminium - metal alternatives that are now more commonly used in mainland China and elsewhere in Asia. In Hong Kong, skilled armies of scaffolders can erect enough bamboo to engulf a building in a day — even hours — using techniques that are thousands of years old, and have been passed down through generations.





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Location and history

Throughout Chinese history, bamboo has been widely used in construction. Bamboo scaffolding can be seen in one of China's most treasured works of art, *Along the River During the Qingming Festival*. The piece, by imperial artist Zhang Zeduan (1085–1145), is famous for its depiction of day–to–day street life along the Bian River in Bianjing, which was the capital of the Northern Song dynasty.

Along the River During the Qingming Festival

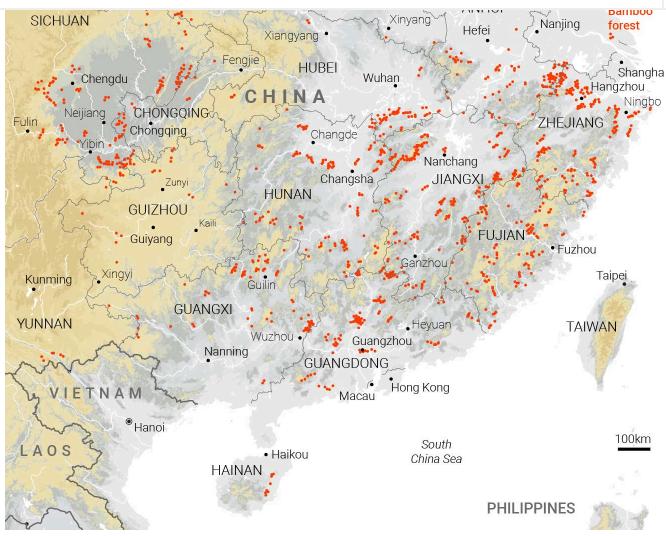
← Scroll horizontally to see the painting →





Hong Kong's scaffolding bamboo typically comes from the Zhaoqing area in Guangdong province and the Guangxi region in southern China, bordering Vietnam. The bamboo is usually transported to Hong Kong via Macau.





Bamboo anatomy

Bamboo is one of the fastest-growing plants in the world, and in some cases can grow 60cm a day, and eventually 40 metres tall. Bamboo has thick underground roots called rhizomes, which can grow quickly, creating new shoots metres away. Bamboo's internal cell-like structure allows it to withstand compression, making it an ideal material for scaffolding.

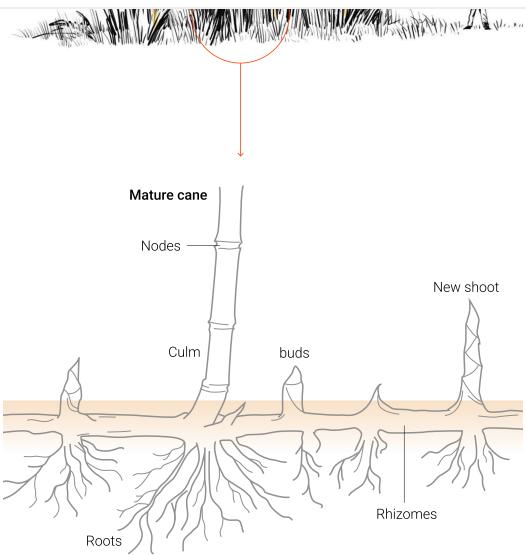










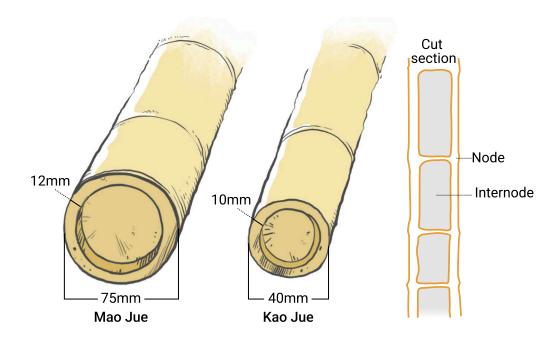


Why bamboo?

Compared to steel, bamboo is much lighter, six times faster to erect and 12 times faster to dismantle. It's also a fraction of the cost. Bamboo scaffolding doesn't require sophisticated machinery or complex tools to erect, just skilled workers with nylon ties. If properly erected, bamboo scaffolding can be stronger than steel and far more flexible. The resulting structure is also easy to modify, if necessary. Bamboo scaffolding can be used for entire structures, or part of them. In Hong Kong it is common to see "bamboo balconies" jutting from the sides of buildings where renovations are being carried out on individual units, many floors up. A bamboo pole can also be cut to fit an awkward space, which is ideal for Hong Kong, where construction spaces can be tight amid the densely packed maze of buildings.

Bamboo features

In Hong Kong, two types of bamboo are used in most scaffolding: *Kao Jue* (pole bamboo) and *Mao Jue* (hair bamboo). *Mao Jue* is thicker and stronger, about 75mm in diameter, with walls at least 10mm thick. It's used as the load-bearing support. *Kao Jue* is thinner, about 40mm wide, and is used for platforms, bracing and horizontal support. All bamboo is at least three years old, and dried for at least three months. Each piece is about seven metres long, can be stored in the open, and typically usable three times before it starts to bend, split and weaken.



Bamboo scaffolders

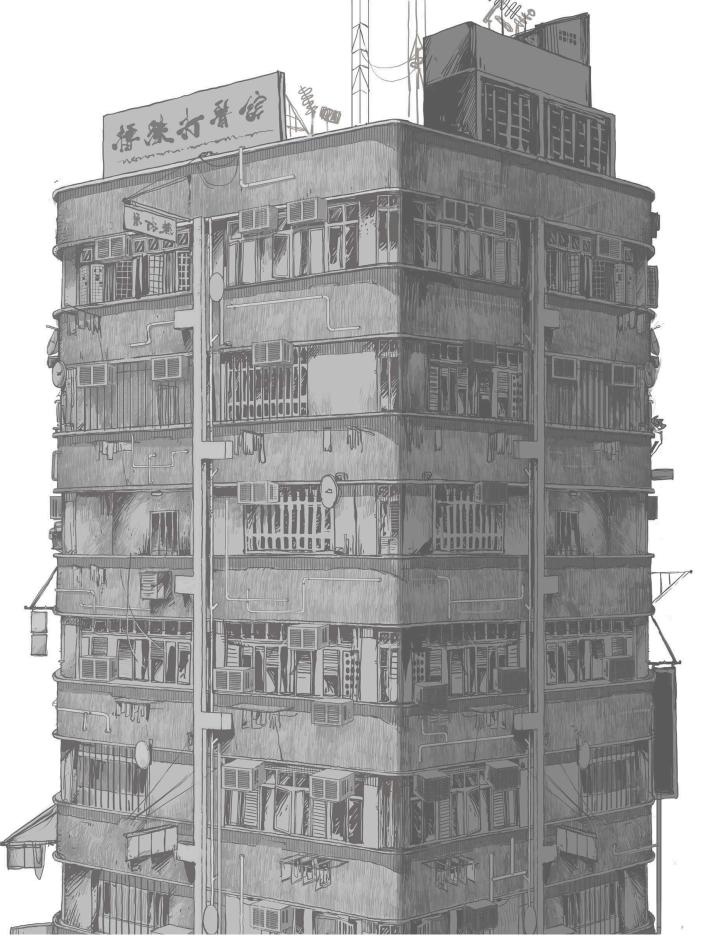
They are Hong Kong's real-life spider-men, climbing dizzying heights with strength, skill and nerves of steel. But the future of the bamboo scaffolder business



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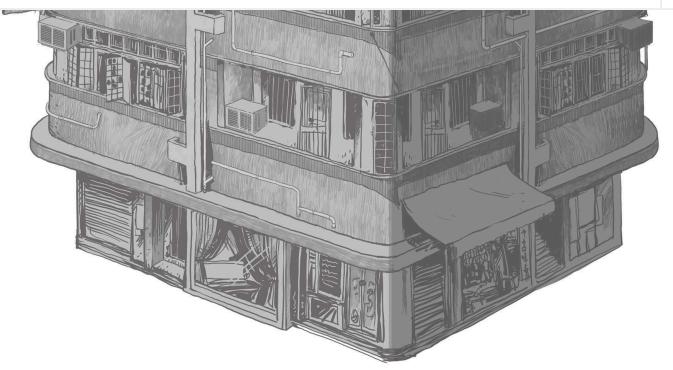
scaffolders in Hong Kong.

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Requirements for safe, sturdy scaffolding

- Bamboo scaffolding should be erected, altered and dismantled only by trained workers
- Erection of structures should start from the bottom level to the top, from interior to exterior
- Working platforms should be at least 40cm wide, free of loose debris, and not overloaded
- A protective screen of fire retardant material must be installed to confine falling objects

Then and now

Many decades ago in Hong Kong, bamboo scaffolders worked at heights with basic safety harnesses, or none at all. Much has changed since then and workers today must be trained, licensed and wear proper safety gear.

Then

Now

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Bamboo scaffolders would typically wear clothing for comfort and easier mobility

Straw hat for sun protection
Basic T-shirt or tangsam(唐衫)
Kung fu pants (功夫褲)
Basic safety belt, if any
Sometimes no shoes, for easier climbing

Required protective equipment























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Scaffolding must come down as soon as construction or repair work is completed, according to Hong Kong regulations. To reduce risk of mishaps, dismantling should be carried out by "trained workmen under the immediate supervision of a competent person", ideally the crew that erected the structure.

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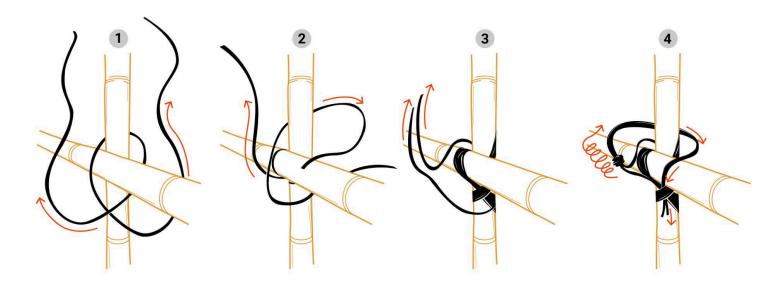
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Causeway Bay, Hong Kong

Training and skills

Many scaffolding skills have been passed down from masters to apprentices over hundreds of years. Today in Hong Kong, most new recruits must undergo year-long training with the Hong Kong Construction Industry Council for a licence.

Training involves learning how to build bamboo platforms that are safe and strong enough to hold construction workers on all different imaginable sites. The toughest part of the job, though, is tying a proper knot to secure bamboo poles, which can take years to master.



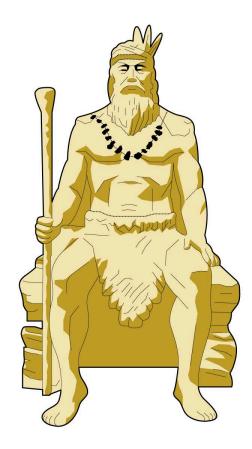
Workers are typically divided into three ranks. Those new to the industry are apprentices for two years. They have basic tasks, such as passing bamboo poles, while also learning the trade. Those in the middle rank erect bamboo scaffolding while being supervised by masters — the highest rank — who work with engineers to design entire structures. Pay varies, depending on experience, from about HK\$800 (US\$101) a day to more than HK\$2,000 a day (US\$254).





Tradition calls for an apprentice scaffolder to discover if he is at risk of misfortune. If so, a feng shui master may recommend a ceremony to help cast out negative influences. Before work each morning, an apprentice should also be mindful about what he says so there's no bad omens for him and his workmates.

Workers sometimes worship deities and wear a special belt that supposedly protects them from bad luck. It's not uncommon for scaffolders to do a "bai san" ceremony for good fortune before erecting scaffolding at new sites.



Yau Chao-shi is a legendary sage regarded as the original creator of bamboo scaffolding. The 19th of the first month in the lunar calendar is his birthday, when workers pay homage to him.











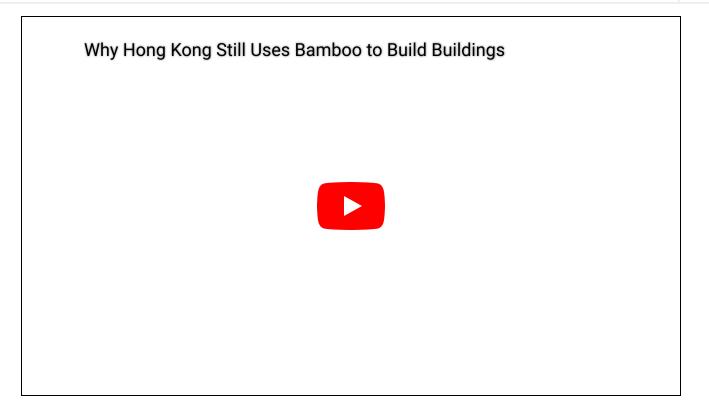
Lo Pan, a master carpenter, engineer and inventor is another revered patron of builders and contractors, including bamboo scaffolders. The only temple in Hong Kong dedicated to him was built in 1884 in Kennedy Town.



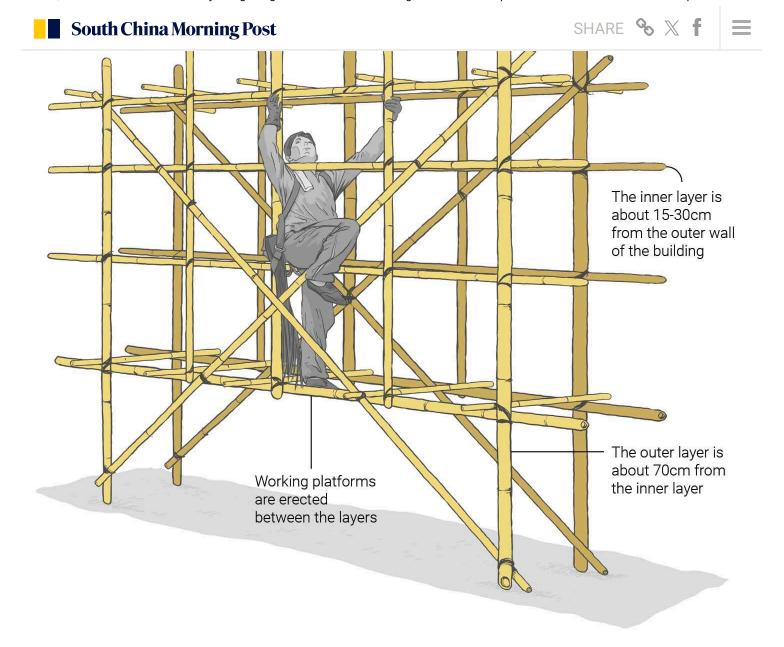
Wah Kwong is also a patron saint among bamboo scaffolders, especially those who erect Chinese opera theatres. It is believed he defied the Jade Emperor, who demanded all bamboo theatres be destroyed after an opera he found insulting was staged.







Types of scaffolding

















Dismantling process

Bamboo scaffolding should be dismantled from the upper level to the lowest level, from the outside to the inside, and non-load-bearing parts before load-bearing parts.



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Sources: The Craft of Bamboo Scaffolder, Dan Waters (Journal of the Royal Asiatic Society Hong Kong Branch 1998); Guidelines on the Design and Construction of Bamboo Scaffolds, Hong Kong Government; Evolution of Bamboo Scaffolding for Building Construction In Hong Kong from the 1960s to the Present Day, Frankie Lee Hong Lam (University of Hong Kong); Climbing scaffolding in Hong Kong's building construction (University of Hong Kong); Construction Workers' Registration System (CWRS) 2021; Code of practice for bamboo scaffolding safety, Occupational Safety and Health branch Labour Department

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